



## Anesthesia Overview

Cosmetic procedures are often performed in office outpatient surgical facilities. Your health and well-being are always of primary concern to us.

Current and former health conditions determine whether or not you are a candidate for office outpatient surgery and often influence the type of anesthetic chosen. Sharing your medical/surgical history with your surgeon and anesthesiologist is of utmost importance. This will enable us to provide the safest and optimal surgical experience for you. The questions and answers below will help clarify this.

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### **What anesthesia options are there for procedures?**

Local Anesthesia (LA) with sedation (Intravenous or Oral) is often used for minor surgical procedures. General anesthesia (GA) is used in other cases as deemed necessary by your surgeon. GA is a reversible loss of consciousness providing a pain-free condition which is administered by an anesthesiologist. Patients receiving sedation or GA cannot drive and must be supervised for 24 hours following surgery.

### **What are the qualifications of the Anesthesiologist administering the anesthetic?**

Our anesthesiologists are Board Certified Physicians with extensive In-hospital and Office Based Anesthesia experience.

### **Who will monitor you during surgery?**

Our anesthesiologist will monitor the patient at all times with appropriate monitors including EKG, end-tidal CO<sub>2</sub>, pulse oximetry, non-invasive blood pressure, and body temperature. We continue to monitor you in the recovery room.

### **Will there be a preanesthesia evaluation?**

Yes. There are laboratory requirements necessary dependent on your medical condition, surgical procedure, and type of anesthetic chosen. After review, your anesthesiologist will contact you prior to the day of surgery. The anesthesiologist will discuss with you the anesthetic plan and answer any of your questions. If you are taking medications or herbal supplements, please inform the anesthesiologist as this is extremely important.

In addition, you will meet the anesthesiologist before surgery to review the anesthetic plan.

### **What is the experience while emerging from anesthesia?**

One often feels as if they have been in a deep sleep. Fatigue, feeling cold, light-headed, and rarely nausea may occur following the General Anesthetic.

### **Will I have pain following my surgery?**

During your surgery with LA or GA, you will always receive safe doses of local anesthetics which will reduce and often eliminate any pain following your procedure. While in the recovery room, you will receive pain medications intravenously to help minimize any post-surgical pain when present.